

Faecal Occult Blood Collection

Your doctor has requested a sample of faeces to be sent to the laboratory for examination.

Please use the following instructions to make your collection:

DO NOT collect faecal sample during menstrual cycle or if bleeding hemorrhoids present.

1. Place a clean holder/container in the toilet bowl to catch faeces.
2. Once you have your faeces sample, open the green cap on the tube provided. Keep tube upright and take care to avoid spilling agent inside.
3. Using the threaded end of the sampler, poke faeces 5 times, in a different point each time.
4. Put the sampler back into the tube, push the cap on tightly to click shut and shake vigorously.
5. Ensure tube is labelled with:
 - Full Name
 - Date of Birth
 - Date & Time of Collection.
6. Keep sample at room temperature.
7. Repeat this procedure for multiple faecal occult blood tests on 3 separate consecutive days. Please use a fresh tube for each sample.
8. Return to doctor's surgery or QML Pathology Collection Centre.

PLEASE NOTE: If your request includes faeces test(s) other than for Occult Blood, a faeces specimen must be submitted in a separate provided container.

- The faecal occult blood test looks for blood present in faeces.
- Your doctor will require 3 samples collected over 3 days (one sample per day).
- When all 3 samples have been collected they **MUST** be returned to QML Pathology on the 3rd day.

