

Anti Mullerian Hormone (AMH)

AMH is made by pre-antral and antral (early) follicles within the ovary and AMH levels may be helpful in the following settings:

Assessment of Ovarian Reserve:

Women concerned about fertility, women delaying child bearing and women with borderline FSH levels may gain further information from an AMH level. Importantly, low AMH levels may precede a rise in FSH.

Polycystic Ovarian Syndrome (PCOS):

Women with PCOS have been reported to have increased levels of AMH reflecting the increased number of early follicles present. AMH is not affected by the stage of cycle and can be helpful in women with amenorrhoea or irregular periods.

Pre-Fertility Treatment:

AMH levels may be helpful in optimising fertility treatment regimes.

Test Preparation:

The patient **MUST** discontinue biotin-containing supplement for at least 3 days (72 hours) prior to collection.

Cost:

This test does not currently attract a Medicare rebate, patients will incur an out-of-pocket charge of \$88.00*.

Further Information:

For further information please contact your Medical Liaison Officer.

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